

## **Care and Guidance Report November 2018**

**Deputy Headteacher:** Mrs Maria French

### **Counselling Provision**

We use Renew Counselling service (Sycamore)

10 hours of counselling a week: 5 students seen on a Tuesday and 5 seen on a Thursday.

The waiting lists are manageable.

We also use CARA and EWMHS by appointment

The school nurse is available to us every Thursday for lunch time drop-in service and some extra appointments. This service is well used. DV incidents are also reported to us by the school nurse. The school nurse provision is part of our Healthy Schools provision.

### **Safeguarding and Prevent training.**

All staff, including invigilators and volunteers, have received their refresher safeguarding training in September 2018 and have signed to say that they have read and understood the relevant documents. All Year Leaders have also undertaken the prevention of Child Sexual Exploitation Training and refresher on prevention of Forced Marriage and FGM.

The DSL also attended the Youth Suicide Prevention meeting for mid -Essex in September 2018 and the Mid- Essex safeguarding briefing, hosted by Essex Safeguarding Children Board. (Nov 2018)

### **MyConcern**

The school is moving to an electronic safeguarding reporting a concern software supplier called [MyConcern](#). It stores all safeguarding reporting about students in an electronic form. This is a really positive step forward and will make the storage of safeguarding concerns more manageable and will ease secure communication to the relevant people as we expand as a school. The designated safeguarding leads will be trained on 13th November 2018 and then all staff will receive training thereafter.

### **Healthy Schools Moderation**

We were visited by the Healthy Schools Engagement Team for Chelmsford, Maldon District Essex Child and Family Wellbeing Service on 8<sup>th</sup> October 2018 and underwent a moderation for Healthy Schools Status. We were awarded the status of Healthy Schools which will last until 2020. The Head of PE, Year Leaders and Deputy Headteacher - Pastoral were all interviewed. The team also had a tour of the school with 4 students. They were so impressed by the girls that they asked if they could present on a topic that was moderated at the Essex Awards Evening in the New Year. (Issues moderated: PSHE, PE provision, Mental Health training, Diversity and Inclusion, Wellbeing, Speak Out opportunities and safeguarding)

**SEN(D)** ( see attached paper, Item 11)

### **E-Safety**

All girls in Years 7 and 10 receive online safety training (CEOP) from MFH during RTP

*Chelsea's Choice* Drama presentation to Year 10 – highlighting the dangers of Child Sexual Exploitation.

All girls in Years 7 – 11 have been reminded about the CEOP ‘report abuse’ button at the beginning of the term and reminded about the need to stay safe on the internet. This term we have also focused on reminding the girls of the need to guard their digital footprint, and the benefits from creating a powerful digital footprint to aid career progression and secure work shadowing opportunities. We have also talked about the dangers of addiction in relation to online gaming. We have talked about sexting as well. We use the CEOP films to support this education.

## **CLIC Sargent**

The school took part in a film that was presented at the Teenage Cancer Awards and CLIC Sargent Awards in London in September and were commended for their pastoral and academic support of a Year 11 student who won the education award for completing some GCSES whilst undergoing cancer treatment.

## **PSHE Programme**

The PSHE programme has undergone many changes after a consultation through Student Voice last year. Some examples of the visitors that we have had in school so far this term are: the Fire Service, Self -Defence with Ian Arbon, The Samaritans, The Teenage Cancer Trust, Road Safety theatre Co.

We have also trialled new lessons on 'Run Hide Tell', Mental Health, Relationship and Sex Education, Democracy, Careers and Positive Body image.

## **Free School Meals**

Parents are reminded, via every school newsletter, of the path to apply for Free School Meals as follows. This information is also on the school website.

*If you are in receipt of a qualifying benefit: Income Support, Job Seekers Allowance-Income Based, Child Tax Credit (Working Tax Credit is not a qualifying benefit. There are some non-qualifying benefits) If your taxable annual household income is less than £16, 190.*

*If the above apply you may qualify for free school lunches.*

HOW TO APPLY: Go online to [www.essex.gov.uk/educationawards](http://www.essex.gov.uk/educationawards)

Or request an application form from the Education and Awards enquiry line on 0845 603 2200.

## **The Year 11 Leadership Conference 2018**

Another highly successful leadership conference was hosted by Year 11 under the direction of Miss Harrison. (see programme for your information).

## **Pastoral programme in Year groups**

Each year group has its own pastoral programme for form time and year group noticeboard to raise the profile of these. All involve some Find Your Voice activity as well as an activity that is focused on developing grit and resilience.

## **Year Leaders**

All Year Leaders deal with individual pastoral problems as they arise, including extended illnesses, family and friendship issues, accusations of bullying, misuse of the internet and occasions of suspected theft. They liaise with students and parents to resolve issues and ensure that all of their girls are working to the best of their ability. They continue to monitor the progress and attainment of the students in their year group to ensure that appropriate support is in place to enable them to address issues as early as possible. They provide an action plan for those students who need support after each round of TA Data. Year Leaders also play an active role in their Meet the Tutor Evening. Year Leaders meet regularly and are developing their role and seeking ways to raise the profile of the Year Leaders.

## **Year 7 – Mrs Katharine Adams**

This year we have welcomed Mr Jones and Miss Burnham to the Year 7 tutor team.

The new cohort have made a great start and show every sign of being a strong and mature group. They have adapted well to the new demands and standards of CCHS. There were a few changes in one form caused by a student being offered a late place at a school nearer home and one student who decided to

move to a different school but the cohort is now settled and girls who arrived after the start of term are thriving and happy.

All 150 went to Danbury Outdoor Activity Centre on Enrichment Day 1 and we all had a great time. Behaviour was impeccable and we were very proud of the girls. Participation in lunchtime clubs, music and dance groups is high and many Year 7 attended the fresher's disco in support of the education of 5 young women in Nepal. All 150 girls have signed up for the Normandy trip this year and all but one or two will be coming to the pantomime at the end of this term.

Turnout at the new parents welcome meeting was very good and reactions very positive. The three students who joined us with identified SEN have integrated well and parents are very pleased with their progress.

### **Year 8 – Miss Georgie Sales**

Year 8 have made a brilliant start to the year and have had a very smooth transition from Year 7. They have been very busy with lots of different house events, Enrichment days and a range of activities during form time. They have now started the new language of Latin, which I know they are thoroughly enjoying, and they have now been moved into Science sets. So the students are not only getting to know new teachers but also students from other forms and making lots of new friends.

Back in September we had Meet the Tutor evening, which was a huge success and had record numbers of attendance from parents. Not only that, but we had the whole of 8C perform 'Revolting Children' from the musical Matilda. The tutors also did a fantastic job in dealing with and answering questions from parents.

During form time, as well as form assemblies and discussions, I have introduced 'Move-it Monday' and 'Form-time Frenzy' on a Wednesday. 'Move-it Monday' is a brilliant way to start the day and the week in the outdoors and get some fresh air. Here, myself, a one form go for a walk around the astro for some light exercise, listening to music and play some games; starting the day with big smiles on everyone's faces. On Wednesday, forms go head-to-head in problem solving quizzes, winning points for their house.

I look forward to seeing Year develop and progress through the rest of this term and with the lead up to Christmas.

### **Year 9 – Miss Emma Cope**

Form time has been structured in order to make the most of the time tutors have with students:

- 'Positive Mondays' have been introduced, with students working in pairs to lead the form through activities from The Mindfulness Pocketbook, addressing areas such as confidence building, falling asleep and relaxation.
- All students are leading presentations within their forms each week, with themes varying from personal interest to current affairs.
- Internationalism research is underway, and fortnightly presentations have begun on family trees.

Tutors have assisted students in improving their public speaking skills, by ensuring rigorous preparation and high standards in Year Group Assemblies, with all students presenting without notes. Topics so far have included equality in sport, feminism and International Children's Day. The Enrichment Day visit to Ypres was a great success; students thoroughly enjoyed the visit, and they were praised by staff and guides for their superb behaviour.

There are five pupil premium students in Year 9, with money being spent on extra-curricular visits, music lessons and materials to support learning. Three students in the year group are receiving free school meals. The progress of all of these girls continues to be carefully monitored.

#### **Year 10 – Mrs Marion Chumbley**

Year 10 have embarked on their GCSE courses in a mature and diligent manner. We have had a few discussions about homework; in particular how to manage expectations in Art but on the whole they have settled down well. On Enrichment Day 1, 50 girls enjoyed their day visiting the University of Cambridge including a tour around two colleges. It was wonderful to hear them questioning the student tour guides, one a former CCHS girl, about life at Cambridge University.

The remainder of the year group stayed in school and participated in the Dragon's Den activity. The groups pitched their various ideas very well and conducted themselves in a professional manner. There will be a second trip to the University of Cambridge in March so that the whole year group will have the same opportunity. Furthermore, the Year 10 Geographers got stuck in to a day of field work in Epping Forest. They measured and recorded data which they will use in future assessments. Continuing to build on the Find Your Voice! Programme, the entire year group were fortunate enough to participate in the Jack Petchey 'Speak Up, Speak Out' workshops and we look forward to hearing those students who progress through to the next round. We are now looking forward to everything the final half term of 2018 will bring.

#### **Year 11– Miss Fiona Harrison**

Year 11 have embarked on their final GCSE year with gusto. They have been working hard preparing for their mock examinations, balancing their homework load with the extra revision required. Our main focus, apart from the mocks, has been the Leadership Conference. What a day it turned out to be. The tutor team worked hard with the girls to ensure everything was prepared for the big day. We had four teams: catering, creative, hospitality and workshops. So it really was something that the girls organised themselves – with their own vision for the day. On the actual day – we came together as a team to enjoy the time with the girls. They listened attentively to the four speakers: Heather Melville, Val Ross, Mitra Janes and Harry Gaskill. The day progressed and the girls attended various workshops run by both the speakers and their peers. All of this on top of a fantastic lunch and breakfast provided by the catering team. An absolutely fabulous day – there was such a positive buzz as they left at the end of the day.

Other things to note, have been the Jack Petchy Award ceremony. We had three winners in our Year group: Tanisha Lohia, Ridha Naushad and Hannah Greenland - all nominated for going that extra mile outside of the classroom. Year 11 also organised the B Fest for Black History Month – which celebrated black excellence with song, poetry, dance and various stalls. So all-in-all this gives a snapshot of an action packed first term so far.

#### **Year 7 New Parents' Welcome Evening (Sep), Year 8 Meet the Tutor (Oct) and Year 10 Meet the Tutor (Oct)**

These events continue to form a very useful addition to parents' evenings and always have an e-safety and mental health element. They allow parents an extra opportunity to meet together, hear from the form captains about the year ahead and current events. They also hear from the Year Leader about their year group and journey ahead, about the Curriculum from either the Deputy Headteacher or Assistant Headteacher and also a Pastoral Presentation, covering leadership opportunities amongst others. Parents then get to move to their daughter's form room and spend time chatting with fellow parents in their daughter's class as well as the tutor in a more intimate setting. SLT are also available at the end for any

questions. We always include a few musical items and perhaps a dance too. The evening is hosted by the Headteacher.

Parents also see a collection of photographs of their daughters which is always popular, and a treasured 'window' on their education.

### **Care & Guidance Report – Sixth Form**

Dr Michael Palmer – Assistant Headteacher; Head of Sixth Form  
Mrs Emma Hiett – Assistant Head of Sixth Form; Year 12 Leader  
Mrs Hayley Ellen – Assistant Head of Sixth Form; Year 13 Leader

The Sixth Form Pastoral Team continues to respond effectively to the needs and concerns of students in Years 12 and 13. The first point of call for each student is their tutor and the tutors are ably led by the Year Leaders for Years 12 and 13. The tutors are effective in monitoring attendance and punctuality and in dealing with the daily concerns of their students. More serious matters are dealt with by the Year Leaders or the Head of Sixth Form. The Sixth Form Administrative Officer also plays a vital role in supporting the work of the pastoral team. She provides weekly reports on attendance and punctuality, is most effective in her liaison with parents and students, and her support of all aspects of the work of the Sixth Form. Regular meetings of tutors and team members allow for effective communication and responses to different situations.

#### **Year 12 – Mrs Ellen**

The new Year 12s have made an excellent start to their sixth form studies and are now properly settled in their chosen subjects. Whilst we were disappointed that a number of students chose to leave the school after Year 11 we are pleased with the quality of those who chose to remain with us and of those who chose to join this school from others. Mrs Ellen has regularly canvassed staff for their feedback on how their students are progressing and a more formal monitoring exercise was carried out just before half term. We have been very pleased with the seriousness with which the students have applied themselves to their new courses and with the progress they have made thus far. We have recently begun the process of appointing school officials and subject prefects and look forward to handing the leadership of many aspects of the school over to them in due course. 23 excellent candidates for the post of Senior Prefect were recently interviewed and 10 were appointed. Similarly the leadership of student societies will soon be handed over to the next cohort.

#### **Year 13 – Mrs Hiett**

At the time of writing we are in the midst of processing the second tranche of UCAS applications. The first tranche, those for the universities of Oxford and Cambridge and for Medicine, Dentistry and Veterinary Medicine were processed in late September and early October. 62% of the year group fall into this 'early' category and we are currently working hard to ensure that these applicants are properly supported in their final preparations for interviews and admissions tests. Many of these applicants are very strong and we hope to report on the success of very many of them in due course. We have been rigorous in our analysis of the Year 12 exam results and many students (approximately 50%) have given up studying their fourth subject the better to concentrate on their best subjects. In the light of some challenges highlighted by the Year 13 results in the summer of 2018 we are devoting considerable energies to addressing the learning needs of those who are at risk of underperforming in their A levels. Many strategies are being deployed here and we will report on their efficacy when we report on the outcomes of the Year 13 January examinations in due course.

### **General**

Sixth Form students in this school are involved in a huge range of extra-curricular clubs and societies, and a very high proportion of these are led by sixth form students. Societies such as MedSoc, Bar Mock and a whole host of others are enabling students to develop their skills and. Both Music and Drama in the school benefit hugely from the commitment to them shown by a number of sixth form students. The Rolling Tutor Program in the Sixth Form continues to offer much to stretch and challenge our students beyond their academic subjects as well as to give some skills and knowledge that will help them settle successfully into university. Mrs Hiett has made some significant changes to this program on the basis of a review conducted last year of this program and the effectiveness of these changes will obviously be monitored throughout the year.

In both year groups the range and seriousness of pastoral issues which are presented to the sixth form team continues to be challenging. Many of these issues have no immediate solution and we continue to work with a range of external bodies to support those students whose needs are greatest. We feel that our expertise is growing very fast but also that there is no sign of a diminution in the scale of the problems we face.